



APPETIZERS

春卷 RAINBOW EGG ROLLS (2)	5
芝士雲吞 CREAM CHEESE WONTONS (10) 	6
with a touch of peanut butter	
本樓炒手 SZECHUAN WONTONS (10) 	10
椒鹽鮮魷 5-SPICE CALAMARI  	11
担担麵 SESAME NOODLES  	7
served warm or cold - contains peanuts	
小拼盤 APPETIZER COMBO	11
2 egg rolls, 4 cream cheese wontons, & 4 chicken wings	
鍋貼 STEAMED OR PAN-FRIED PORK DUMPLINGS (6)	8
素水餃 STEAMED OR PAN-FRIED VEGETABLE DUMPLINGS (6) 	8
麻辣豆腐 TOFU WITH FRESH CILANTRO SALAD  	8
served cold	
SHRIMP & GREEN PAPAYA SALAD	11
炸雞翼 CHICKEN WINGS (8) 	8
排骨 SZECHUAN CHOPPED RIBS 	10
baby back ribs and scallions in a spicy sauce	
大千雞翼 TACHIEN WINGS (8) 	10
stir fried with scallions & hoisin sauce	
CHIU CHAO STYLE RICE FLOUR CAKE PAN FRIED WITH EGGS & SCALLIONS	
煎糕 RICE CAKE 	10
蘿蔔糕 TURNIP CAKE 	11
芋頭糕 TARO CAKE 	11

SOUPS







酸辣湯 HOT & SOUR SOUP 	3 / 7
雞麵湯 CHICKEN NOODLE SOUP	3 / 7
什菜湯 VEGETABLE SOUP 	3 / 7
雲吞湯 WONTON SOUP	3 / 7
紫菜豆腐湯 TOFU SEAWEED SOUP 	7
時菜湯 RAINBOW SEASONAL SOUP	3 / 7

BIG BOWL NOODLE SOUP

大碗湯麵

Served with chives, bean sprouts, scallions & carmalized onions

*CHOICE OF MEIN, RICE STICK, OR MAI FUN NOODLES.

潮州粉麵 CHIU CHAO RICE STICK & MEIN	9
shrimp, squid, fish cake & pork	
海鮮粉 CHIU CHAO SEAFOOD 	9
shrimp, squid & fish cake	
鮮蝦叉燒麵 SHRIMP & PORK	9
雞片菠菜粉 CHICKEN & SPINACH 	8
雲吞麵 WONTON	8
火鴨麵 1/4 ROASTED DUCK	10
叉燒麵 BBQ PORK	8
魚餅粉 FISH CAKE 	8
五香牛腩麵 BRAISED BEEF	8
西蘭雪豆粉 BROCCOLI & PEAPOD 	7
素菜米粉 MIXED VEGETABLE 	7
豆腐鹹菜粉 FRIED TOFU WITH PICKLED MUSTARD GREENS 	7






TRY ADDING THESE TO YOUR SOUP:

香菜 CILANTRO	1	蘆筍 ASPARAGUS	3
萵菜 CHIVES	1	叉燒 BBQ PORK	3
九層塔 BASIL	1	雲吞 WONTONS (4)	3
鹹菜 PICKLED MUSTARD GREENS	2	大鮮菇 PORTOBELLO MUSHROOMS	4
芥蘭 GAI-LAN	2	魚片 FISH CAKE	4
菠菜 SPINACH	2	炸或蒸豆腐 FRIED OR STEAMED TOFU	3
什菜 MIXED VEGETABLES	2	五香牛腩 BRAISED BEEF	4
鮮菇 MUSHROOMS	2	大蝦 SHRIMP (4)	5
大粉 BIG FUN	2		

 = Spicy  = Vegetarian  = Gluten Free

FRIED RICE

Stir fried with eggs, onions, & bean sprouts 飯






雞炒飯 CHICKEN FRIED RICE	8
叉燒炒飯 PORK FRIED RICE	8
牛肉炒飯 BEEF FRIED RICE	9
蝦仁炒飯 SHRIMP FRIED RICE	11
齋鴨炒飯 MOCK DUCK FRIED RICE 	8
什菜炒飯 VEGETABLE FRIED RICE  	8
peas, carrots, bamboo shoot, & mushroom, prepared without soy sauce	
本樓炒飯 RAINBOW FRIED RICE 	11
pork, shrimp, onions, peas & carrots, prepared without soy sauce	
咖喱豆腐炒飯 CURRY TOFU VEGETABLE FRIED RICE  	8
prepared with or without eggs	
什會炒飯 ASSORTED MEAT FRIED RICE	10
beef, pork, & chicken	

HOUSE SPECIAL: PAN-FRIED NOODLES

湯



HONG KONG STYLE NOODLES

Stir fry served over pan fried Mein(thin egg noodles)
or Fun (wide rice noodles)

鼓椒雞粉 CHICKEN WITH BLACK BEAN SAUCE 	14
chicken, bell peppers, & onions	
鼓椒素粉 FRIED TOFU & MIXED VEGETABLES WITH BLACK BEAN SAUCE  	14
broccoli, celery, carrots, onions & fried tofu	
豆腐西蘭麵 MOCK DUCK & BROCCOLI 	14
牛肉芥蘭粉 BEEF & GAI-LAN	14
什會芥蘭麵 ASSORTED MEAT & GAI-LAN	16
beef, pork, & chicken	
海鮮芥蘭粉 SEAFOOD & GAI-LAN 	16
scallop, shrimp, fish cake, & squid	


CHOW FUN

Wide rice noodles stir fried with bean sprouts & scallions

雞炒河粉 CHICKEN CHOW FUN	14
叉燒炒河粉 PORK CHOW FUN	14
干炒牛河粉 BEEF CHOW FUN	14
齋鴨炒河粉 MOCK DUCK CHOW FUN 	13
雪豆大菇炒河粉 PEA POD & PORTOBELLO MUSHROOM CHOW FUN 	14

LO MEIN

Round wheat noodles stir fried with celery, carrots, bean sprouts, baby corn, & scallions

素撈麵 VEGETABLE LO MEIN 	12
雞撈麵 CHICKEN LO MEIN	13
叉燒撈麵 PORK LO MEIN	13
牛肉撈麵 BEEF LO MEIN	13
蝦仁撈麵 SHRIMP LO MEIN	15
什錦撈麵 SUBGUM LO MEIN	15
BBQ pork & shrimp	

CHOW MAI FUN

Stir fried rice vermicelli with onions, bean sprouts,
egg & scallions

星洲炒米粉 SINGAPORE CHOW MAI FUN  	16
pork & shrimp with a touch of curry	
齋炒米粉 JAI MAI FUN  	14
peapods, carrots, nappa, broccoli	
雞炒米粉 CHICKEN MAI FUN  	14

HOR FUN

Thin rice noodles stir fried with bean sprouts,
chives, & bell peppers

雞炒粿條 CHICKEN HOR FUN	13
叉燒炒粿條 CHINESE BBQ PORK HOR FUN	13
蝦仁炒粿條 SHRIMP HOR FUN	15

PORK

豬

麻婆豆腐 MA-PO TOFU 	12
ground pork, diced tofu, peas, & carrots stir fried in a spicy bean sauce	
京醬肉片 SPICY PORK WITH CILANTRO 	13
thinly sliced pork & cilantro in a spicy minced bean sauce	
叉燒豆腐 PORK WITH FRIED TOFU	13
roasted pork, fried tofu, peapods, carrot, mushrooms, bamboo shoots, & onions	
回鍋肉 DOUBLE SAUTEED SLICED PORK 	12
Chinese BBQ pork with cabbage, mushrooms, bell peppers, baby corn, water chestnuts, & carrots	
木須肉 MOO SHU PORK WITH CHINESE CREPES	12
shredded pork, cabbage, & bamboo shoots stir fried with scallions & tree mushrooms, served with four crepes & hoisin sauce	

CHICKEN

雞

酸枳雞 CHICKEN WITH TAMARIND SAUCE  	12
chicken with hot peppers, peapods, & onions in a tamarind sauce	
川椒雞 SZECHUAN SPICED PEPPER CHICKEN 	12
chicken, bell peppers, & onions with a spicy peppercorn flavor	
芝麻雞 SESAME CHICKEN 	12
lightly breaded chicken, fried until crisp then toss fried with bean sprouts, tree mushrooms, water chestnuts, & scallions	
三果雞 CHICKEN WITH NUTS	13
chicken with peanuts, cashews, peas, carrots, diced water chestnuts, & bamboo shoots, garnished with honey glazed walnuts	
湖南雞 HUNAN CHICKEN 	12
chicken with broccoli, carrots, mushrooms, baby corn, bamboo shoots, & bell peppers in a spicy sauce	
咖喱雞 CURRY CHICKEN  	12
chicken with onions, bamboo shoots, & peapods in a spicy yellow curry & coconut milk sauce	
宮保雞 KUNG PAO CHICKEN 	12
chicken with water chestnuts, bell peppers, onions, roasted peanuts, & dried red peppers	
香芒雞 MANGO CHICKEN (SERVED IN SEASON) 	12
chicken with mangoes, carrots, & scallions	
蘆筍雞 SATE CHICKEN ASPARAGUS 	13
chicken with asparagus, onions, carrots, & baby corn in a spicy sate sauce	
香茅雞 LEMON GRASS CHICKEN  	12
chicken with bell peppers, peapods, onions, & lemon grass	
左宗雞 GENERAL TSO'S CHICKEN 	12
lightly breaded chicken with celery, carrots & onion in a spicy, tangy sauce	
蘑菇雞片 MOO GOO GAI PAN 	12
chicken with peapods, broccoli, baby corn, water chestnuts, mushrooms, & carrots	
辣腰果雞 CHICKEN WITH CASHEW NUTS & BASIL 	13
chicken with cashews, basil, bell peppers, & onions	
FISH	魚
豉汁炸批魚 WHOLE FRIED WALLEYE PIKE WITH BLACK BEAN SAUCE 	(market price)
清蒸批魚 WHOLE STEAMED WALLEYE PIKE WITH GINGER SCALLION SAUCE	(market price)
季節時魚 SEASONAL FISH SELECTION	(market price)

SEAFOOD

海鮮

合桃蝦 HONEY WALNUT SHRIMP 	17
lightly battered shrimp in a rich cream sauce & topped with honey glazed walnuts	
辣腰果干貝 SCALLOP WITH CASHEW NUT & BASIL 	17
scallops with cashews, basil, onions, & bell pepper	
鼓椒蝦 SHRIMP WITH BLACK BEAN SAUCE 	16
shrimp with bell peppers & onions in a spicy black bean sauce	
鹹菜魷魚 SQUID & MUSTARD GREEN WITH BLACK BEAN SAUCE 	16
SHRIMP WITH MIXED VEGETABLES & BASIL 	16
shrimp with basil, broccoli, peapods, carrots, mushrooms, bell peppers, & onions in a spicy sauce	
芥蘭魷魚 SQUID WITH GAI-LAN 	16
川椒蝦 SZECHUAN SPICED PEPPER SHRIMP 	16
shrimp, bell peppers & onions with a spicy peppercorn flavor	
椒鹽干貝 SCALLOP WITH GINGER, SCALLIONS, & DRIED RED PEPPER  	17
雪豆蝦 SHRIMP WITH SNOW PEAPOD 	16
shrimp with peapods, carrots, bamboo shoots, & water chestnuts	
咖喱炸蝦 SHRIMP & BROCCOLI IN CURRY SAUCE  	16
spicy red curry sauce over a bed of battered shrimp & steamed crown broccoli	
酸枳蝦 SHRIMP WITH TAMARIND SAUCE  	16
shrimp, hot peppers, peapods, & onions in a tamarind sauce	

DUCK




鴨

薑蔥鴨片 DUCK WITH GINGER ROOT	17
slices of boneless duck breast stir fried with pickled ginger root, bamboo shoots, black mushrooms, & green onions	
時菜鴨片 DUCK WITH MIXED VEGETABLES	17
slices of boneless duck stir fried with peapods, carrots, onions, & broccoli	
鹹菜鴨片 DUCK WITH MUSTARD GREEN	17
slices of boneless duck stir fried with pickled mustard greens, peapods, & tree mushrooms	
燒鴨 ONE-HALF ROASTED DUCK	17
served chopped in small pieces with bone & dressed with duck sauce	

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BEEF

牛

沙茶牛 SATE SUMMER BEEF 	13
sliced beef sauteed in a spicy sate sauce with onions, served over a bed of steamed nappa cabbage & peapods	
四季豆牛 BEEF WITH GREEN BEANS	13
芥蘭牛 BEEF WITH GAI-LAN	13
雪豆牛 BEEF WITH SNOW PEAPOD	13
beef with peapods, carrots, bamboo shoots, & water chestnuts	
薑蔥牛 BEEF WITH GINGER ROOT 	13
beef with pickled ginger root, bamboo shoots, black mushrooms, & scallions	
西蘭牛 BEEF WITH BROCCOLI	13
蒙古牛 MONGOLIAN BEEF	13
beef with fresh scallions	
湖南三樣 HUNAN TRIPLE CROWN 	16
shrimp, chicken, & beef with broccoli, carrots, mushrooms, baby corn, bamboo shoots, & bell peppers in a spicy sauce	

VEGETABLES

菜

蠔油芥蘭 GAI-LAN WITH OYSTER SAUCE	8
blanched gai-lan (Chinese broccoli) topped with toasted onions & oyster sauce	
干扁四季豆 DRY SAUTEED GREEN BEANS 	10
green beans sauteed with garlic & bits of preserved cabbage	
鼓椒素豆腐 FRIED TOFU WITH MIXED VEGETABLES IN BLACK BEAN SAUCE  	12
fried tofu with broccoli, carrots, celery, baby corn, mushrooms, bamboo shoots, & bell peppers in a spicy black bean sauce	
炒鮮菇菠菜 SPINACH WITH GARLIC SAUTEED PORTOBELLO MUSHROOMS 	13
蠔油三菇 MUSHROOMS OVER STEAMED TOFU  	12
sautéed portobello, button, & black mushrooms over a bed of steamed tofu	
咖喱齋鴨 CURRY MOCK DUCK WITH BROCCOLI  	12
炒鮮菇豆腐萹菜 FRIED TOFU WITH PORTOBELLO MUSHROOM, BEAN SPROUT, & CHIVES 	12
MOCK DUCK AND EGGPLANT IN TAMARIND SAUCE  	12
mock duck, eggplant, bell peppers and onions in tamarind sauce	
STIR FRIED SEASONAL VEGETABLES  	13
local, fresh vegetables from June-November	

TAKE-OUT MENU



RAINBOW CHINESE RESTAURANT & BAR

Since 1987

(612) 870-7084

2739 NICOLLET AVENUE,
MINNEAPOLIS, MN 55408

rainbowrestaurant.com

MON - THUR: 11:00AM - 2:00PM
4:30PM - 9:30PM

FRIDAY: 11:00AM - 2:00PM
4:30PM - 11:00PM

SATURDAY: 11:00AM - 11:00PM

SUNDAY: 11:00AM - 9:30PM

ON & OFF SITE CATERING AVAILABLE.
PRIVATE ROOM AVAILABLE FOR EVENTS & PARTIES.

Sorry, no checks accepted.